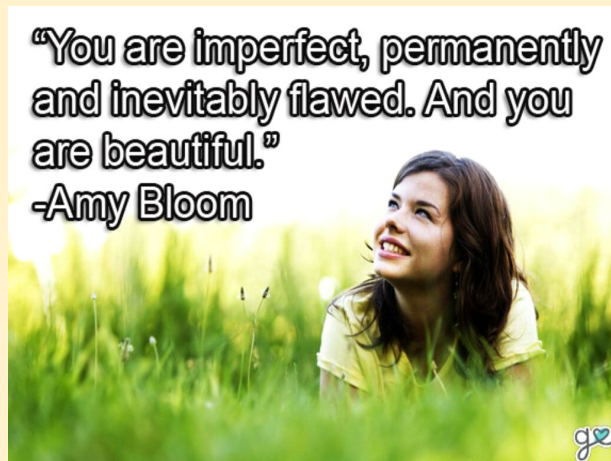


Self Esteem & Confidence Builder Workshop For Women

- Do you feel lack of Self Worth?
- Do you feel not good enough to accomplish what you want?
- Do you feel you are Stuck and lack the confidence it takes to succeed?

If the answer is **Yes**, then this two session workshop is for you.



This workshop is aimed at WOMEN OF ALL AGES that want to improve their self-esteem.

It is suitable for anyone that wishes to increase their self-awareness and self-development with the aim to achieve a fulfilled and happier life.

When: Session 1: May 10 6:30 pm to 8:30 pm

Session 2: May 17 6:30 pm to 8:30 pm

Where: Transense Healing Arts

Contact: Patricia at thompsontherapy@hotmail.ca (for further information and registration)

www.thompsontherapyservices.com

